



Building Life Skills



September Decision Making

Young people know what is expected of them and whether activities or behaviors are “in bounds” or “out of bounds.” Young people know how to plan ahead and use a model for making good choices.

40 Key Building Blocks to Help Kids Succeed

Search Institute has identified 40 building blocks of healthy development that help young people grow up healthy, caring and responsible. These building blocks are referred to as “assets.” Local schools have united in identifying monthly “asset” themes for schools and communities to help kids reach their potential.

Buckle up makes for good decision making

- I follow the rules of my family.
- I follow the rules of my school.
- I admire adults who model positive, responsible behavior.
- I do well when my parents and teachers encourage me.
- I plan ahead to get things done on time.
- I use the S.T.A.R. model to help me make good choices.
- I think about my choices and the possible consequences.
- I act on the best choice that will help me and will not hurt others.



Deputy Pluta poses with Keystone Senior, Olivia Gaydos who took the pledge to buckle up at the Lorain County JVS during the 2014 Buckle Up Bowl.

Katie Bevan, MS
Health Educator
Lorain Co. General Health District

Each spring, high schools across Lorain County partner with the Lorain County Safe Community Coalition to raise awareness of the life-saving power of buckling up during the annual Buckle Up Bowl competition. “Seat belts are a key to keeping students safe outside of the classroom. We’re so pleased that students care deeply enough about their peers to encourage one another to buckle up,” said Greg Ring,

Traffic Fatality Review Committee member and Superintendent of the Educational Service Center of Lorain County.

“We often talk about success in school leading to success outside of the classroom, but it’s equally important to remember the effect that life choices make on students,” said Ring.



During the spring of 2014, high school students from Amherst, Avon, Avon Lake, Brookside, Clearview, Firelands, Lorain County JVS, Midview led their school in a personalized campaign to encourage peers to buckle up.

A seatbelt survey was conducted before and after the seatbelt campaign to determine the impact and whether more students made the decision to buckle up.

For the second year in a row, Firelands High School made the grade with 93% of students buckling up during the Buckle Up Bowl!

If your high school is interested in participating in the 12th annual Buckle Up Bowl during the spring of 2015, please call the Lorain County General Health District at 440-322-6367. For more information to create healthy and safe decisions, visit www.LorainCountyHealth.com

Monthly Themes

- September.....Decision-making
- October.....Respect
- November.....Responsibility
- December.....Caring
- January.....Fairness
- February.....Trustworthiness
- March.....Positive Identity
- April.....Citizenship
- May.....Volunteerism
- June.....Support
- July.....Constructive use of time
- August.....Commitment to learning

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