If you want to be famous, go to Hollywood and become a movie star.

But even now to have a rewarding career that pays well, is flexible and can take you around the world of your dreams, call Lorain County Community College and request a career brochure.

"I love my job," said Rae VanDeMotter, nursing manager with EMH Regional Home Care. "Home health care is challenging and rewarding."

"It's the most unique career field I know. People who work here have a great sense of accomplishment because they know they are making a difference in the lives of others." Rae VanDeMotter, Nurse Manager for EMH Home Health Care, in her office on Broad Street.

Home Health Care

Rae VanDeMotter began working in the home care management department with patients who needed skilled nursing care for some time in a home setting. She was surprised to find that after four years of age had led her to join EMH Regional Home Care, a Medicare certified agency and still enjoys helping skilled rehab and skilled insemination care needs for patients needing home care.

Providing home health care is a rewarding opportunity for Rae VanDeMotter and the nurses doing so.

Home health care is growing and one of the challenges she faces is in the "nurse's role of the medical field.

VanDeMotter worked with Methodist's home care and become a manager helping with discharge for patients who had to navigate the health care system. "That's when I really learned about home care regulations, so I decided to change careers and now as an administrator in home health care, I am working on the next as in an administrative assistant. Rae VanDeMotter earned an associate of science from Lorain County Community College in Columbus and continued her education and became interested in the field and earned her nursing degree with a concentration in nursing for Health from the University of Colorado. She then earned a master of science in health administration from Cleveland State University.

"I initially worked at Children's Hospital in Cleveland as an assistant unit manager straight nights and really learned a lot from that experience," said VanDeMotter. "I then went to work at Metro Health Medical Center in Cleveland to be part of the leadership and administration team in the comprehensive care pediatric unit working with chronically ill children."

"That was a very fulfilling role," she said. "And I couldn't imagine being anywhere else."

"I love my job. I love helping people; I love working with people. That's what I enjoy about my job and I get a real sense of what I'm doing and what I'm working on.

I don't think you should think twice about it," she said.

"There's no need for second thoughts if you've got a need. You can start right away and get to know people. I enjoy working with patients. A nurse needs to be able to organize and attend to the needs of patients, she said.

"Nurses love people and want to help them," she said.

"If you're looking for adventure, for growth and new challenges, you won't be disappointed."

VanDeMotter is originally from Cleveland. She and her husband Patrick live in Lakewood.

Home Health Aide:

Home Health Aides provide patients and families with

• In-home care, respite and some patient's laundry, and cleans patients' quarters.

• Provides patients with help moving in and out of beds, helping to wheelchairs or automobiles, and with dressing and grooming.

• Plans, purchases, prepares, and serves meals to patients and other family members, according to patient's diet and needs.

• Maintains records of patient care, condition, progress, and problems in order to report and discuss observations with a supervisor or case manager.

• Interview, the need for help and needs to be fully informed of a patient's condition and care.

• Provides family with emotional support and instruction in areas such as preparing high-protein meals, independent living, and adaptation to disability or illness.

Home Health Aides are paid on a per-hour basis. They may also be paid by the day. Salaries vary according to the type of work done, years of experience, and the community in which the aide works. Home Health Aides work in homes, hospitals, and other places where people receive health care.

Home health care is a growing field in running, Rae VanDeMotter said, and as a hospital setting.

VanDeMotter says students should train themselves so

"Home health care is a growing field in running, Rae VanDeMotter said, and as a hospital setting.

VanDeMotter says students should train themselves so

"Home health care is a growing field in running, Rae VanDeMotter said, and as a hospital setting.

VanDeMotter says students should train themselves so

"Home health care is a growing field in running, Rae VanDeMotter said, and as a hospital setting.

VanDeMotter says students should train themselves so