



Building LifeSkills

SEPTEMBER
Decision Making

Young people know what is expected of them and whether activities or behaviors are "in bounds" or "out of bounds." Young people know how to plan ahead and use a model for making good choices.



40 Key Building Blocks to Help Kids Succeed

Search Institute has identified 40 building blocks of healthy development that help young people grow up healthy, caring and responsible. These building blocks are referred to as "assets." Local schools have united in identifying monthly "asset" themes for schools and communities to help kids reach their potential.

- I follow the rules of my family.
- I follow the rules of my school.
- I admire adults who model positive, responsible behavior.
- I do well when my parents and teachers encourage me.
- I plan ahead to get things done on time.
- I use the S.T.A.R. model to help me make good choices.
- I stop and take a deep breath before making important decisions.
- I think about my choices and the possible consequences.
- I act on the best choice that will help me and will not hurt others.

Make Sure You Get Where You're Going

Remember the excitement you felt the first time you turned the key to drive solo? The windows down, shades on, and your first glimpse of freedom was on the horizon. Driving is one of the most exciting things about being a teen, but roadway deaths are also the leading killer of American teens. Make sure you get where you are going with decisions that lead to success on the road and in your future journeys.



Distraction doesn't stop at cell phone use. Check out other ways that drivers are distracted on the roads these days...

- Listening to loud music
- Navigating with GPS
- Chowin down
- Putting on lip gloss
- Reading your Kindle
- Playing Candy Crush
- Texting your Mom
- Flirting with a passenger



Everyone can do something... Take action!

Call out your peeps and your 'rents! Tell them to put their cell down when driving.

Get in the know. Ohio's got new laws— If a new driver is caught using a cell phone or hands-free device they can get pulled over. Experienced drivers need to be careful too because they can also get a ticket for texting.

Buckle Up to protect yourself from dangers on the road. Texting takes your eyes off the road for 5 seconds. At 55 mph, that's like driving an entire football field blindfolded. Drive like you want to get where you're going. Every choice counts, so drive like it does.

MONTHLY THEMES

- September.....Decision-making
- October.....Respect
- November.....Responsibility
- December.....Caring
- January.....Fairness
- February.....Trustworthiness
- March.....Positive Identity
- April.....Citizenship
- May.....Volunteerism
- June.....Support
- July.....Constructive use of time
- August.....Commitment to learning

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